



RESPIRATOR FIT TESTING at EXPO!

Cost: \$25 (medical clearance, if needed, is an additional \$10)
CASH or CHECK only (payable to ECU)

BRING TO EXPO:

❖ **Medical clearance** - this may be done online at

<http://www.ncagromedicine.org/pdf/respiratory/Options-for-Completing-Medical-Clearance.pdf> or if unable to do online, you will be able to complete at Expo.

Please note: if you have a chronic health condition that affects cardiac and/or respiratory function, please have your physician provide your medical clearance. If your physician provides you with medical clearance, please bring a written confirmation of the medical clearance. It may be done by paper prescription or on letterhead from doctors' office.

❖ **Respirator** - only if you already have one.

IMPORTANT: Do NOT purchase a respirator prior to fit testing if you do not have one. We will have sizing kits available and some respirators/cartridges to purchase. We have a grant that allows us to sell them at a reduced cost.

THINGS TO BE AWARE OF:

- Prior to fit testing, we will check your blood pressure, blood sugar, height, weight and will also perform spirometry (lung function test).
- Time needed for assessment and fit testing will be 30 minutes.
- Sign-up prior to the Expo by contacting

Tina Clift, Business Services Coordinator:

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Work Phone: 252-744-1008

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We will be offering blood pressure and blood sugar screenings for anyone who wishes to participate.